Oregon Behavioral Health Support Program

Member Newsletter

Issue 1: October 2020



Who We Are

Comagine Health is the new contractor for the Oregon Health Authority's behavioral health program.

We work with you to create treatment plans that best fit your individual needs and wishes. We make sure you get the right treatment in the right setting for your needs. Also, we can connect you with resources for improving your overall health and well-being.

We're Here to Help

We work with you and your providers to develop a service plan for your needs. This plan includes:

- Where you want to live
- How you want to participate in your community
- Setting treatment goals
- The services and supports you need to meet those goals
- Who, if anyone, you want to be involved in your treatment

Comagine Health

We will follow-up with you at least every quarter to see how things are going. We can update the plan as needed.

Please visit our website for a list of resources. These include:

- 211info: A directory for resources, focused on connecting people with health and social services organizations
- Aunt Bertha: An online social care network



We're Here for You

We're here to support you. Please contact us with any questions or concerns.

- Call us at 888-416-3184.
- If you use TTY/TDD, you can call us by dialing 711 and then our phone number: 888-416-3184.
- Send an email to ORBHSupport@comagine.org.
- Send us a message by using our contact form.

We recognize this has been a hard time for everyone. In the midst of the COVID-19 pandemic, Oregon has had devastating wildfires across the state. It's critical now more than ever to take care of yourself – emotionally, mentally and physically.

- The State of Oregon offers support and resources here: safestrongoregon.org.
- For links to COVID-19 Information, see this page on our website.
- For news and resources related to the wildfires in Oregon, see Oregon Wildfire Resources.

Translation

This newsletter is also available in Spanish on our website bit.ly/2HD0qMp.

If you would like a copy in another language, please let us know by email: ORBHSupport@comagine.org.