Resources to Support Behavioral Health Integration

Integration Resources

Evolving Models of Behavioral Health Integration in Primary Care A report commissioned by the Milbank Memorial Fund with a focus on providing policymakers with a comprehensive understanding of integrated behavioral health care and a planning guide for those interested in implementing integrated care.

Integrating Behavioral Health Across the Continuum of Care A guide to help hospitals and healthcare system administrators understand the impact of integrating behavioral health and offering tools to do so.

HRSA's Core Competencies for Integrated Behavioral Health and Primary Care A set of competencies on integrated practice relevant to behavioral health and primary care providers. They are intended to serve as a resource for provider organizations and educators.

Making the Case

AHRQs Atlas of Integrated Behavioral Health Care Quality Measures A compilation of measures that can be used to assess a practice's current level of behavioral health integration.

Joint Principles: Integrating Behavioral Health Care Into the Patient-Centered Medical Home A supplement to the 2007 Joint Principles that calls for integrating behavioral health.

SAMHSA-HRSA CIHS Standard Framework for Levels of Integrated Healthcare An issue brief that reviews levels of integration and proposes a standard framework to classify sites.

Business Case Information Resources to help practices build the business case for integrating behavioral health into the PCMH and information to evaluate it at the individual level.

Patient Story of Collaborative Care A seven-minute video of a patient and his family explaining how integrated behavioral health helped him.

Enhancing the Delivery of Health Care: Eliminating Health Disparities through a Culturally & Linguistically Centered Integrated Health Care Approach Rationale and strategies to addresses health disparities through integrated health care.

Integrated Behavioral Health Care: What it is and Why it Works

AHRQ's Lexicon for Behavioral and Primary Care Integration A set of concepts and definitions for behavioral health and primary care, focusing on what integrated care looks like in practice.

Building Integrated Care Teams

"Warm Handoff" Demonstration from Sierra Family Medicine Clinic This video may be useful as a team communication training tool.

AIMS Center Many team building resources including: teambuilding tool, visioning tool, implementation guide, and job descriptions for Care Manager and Psychiatric Consultant, as well as training materials for each member of the team.

Special Considerations

Pediatrics:

National Network of Child Psychiatry Access Programs (NNCPAP)

Massachusetts Child Psychiatry Access Project (MCPAP) Resources to connect primary care and child psychiatry in Massachusetts.

Maryland Behavioral Health Integration in Pediatric Primary Care (B-HIPP) Supports the efforts of PCPs to assess and manage the mental health needs of their patients from infancy through the transition to young adulthood through four main components: phone consultation, continuing education, resource and referral networking, social work co-location.

Washington State Partnership Access Line (PAL) A telephone-based child mental health consultation system, employing child psychiatrists and social workers to deliver consultation services to primary care providers throughout Washington State.

NAMI: Integrating Mental Health and Pediatric Primary Care. A FAMILY GUIDE A roadmap designed for families to help them navigate integrated care including what it is and how it can help their child.

SAMHSA-HRSA: Integrating Behavioral Health and Primary Care for Children and Youth: Concepts and Strategies A paper that outlines different models for delivery of integrated services, describes five core competencies for integrated care systems for children with behavioral health issues, and describes different financing mechanisms that can be used to support behavioral health integration for children.

NICHM: Strategies to Support the Integration of Mental Health into Pediatric Primary Care This paper gives an overview of research and policy developments that support the integration of mental health into primary care. It also examines strategies that can be used to achieve coordinated and integrated mental health care in the pediatric primary care setting.

Substance Use Disorders

SAMHSA-HRSA Innovations in Addictions Treatment: Addiction Treatment Providers Working with Integrated Primary Care Services A report from a 2012 meeting of substance abuse providers with integrated primary care services. It describes what motivated them to integrate care, challenges faced and lessons learned, and information that may help other organizations provide integrated care.

CADCA (Community Anti-Drug Coalitions of America) and CIHS Developed Coalitions and Community Health: Integration of Behavioral Health and Primary Care An overview of how coalitions can promote integrated care in their communities, focusing on five key roles for coalitions during the integration process.

Screening, Brief intervention, and Referral to Treatment (SBIRT) SBIRT screens for all types of substance use conditions. The SBIRT process provides information and assistance in conjunction with an individual's lifestyle and basic needs. CIHS provides numerous resources on SBIRT and topics related to SBIRT.

Medication Assisted Treatment (MAT) The use of medications, along with counseling and behavioral health therapy, creates a whole-person approach to the treatment of substance use disorders. CIHS provides various resources on MAT and topics related to MAT.

Tobacco According to a SAMHSA report, adults aged 18 or older who experienced any mental illness or who have had a substance use disorder in the past year are more likely to smoke and to smoke more heavily than others. The CDC provides various resources on tobacco cessation and topics related to tobacco use.

IOM Core Principles and Values of Effective Team-Based Health Care A paper that focuses on principles and expectations for coordinated health care, in order to provide a common reference point to guide collaboration among healthcare providers, patients, and families to create team-based care.

Harnessing Success: Spreading and Sustaining

The National Council for Mental Wellbeing Financing the Future of Integrated Care

Financing and Sustaining Older Adult Behavioral Health and Supportive Services An issue brief to support planning and coordination of behavioral health services and primary care for older adults, focusing on financing and sustainability strategies.

IHI Spread Planner This tool is based on the Framework for Spread, using questions to prompt the user to consider the actions needed to effectively guide the spread process.

Additional Resources

AHRQ Practice Facilitation Handbook Although this is focused on general primary care transformation support, some of the exercises in this handbook could be adapted to facilitate training around behavioral health, especially introducing the integration pathway, mapping and redesigning workflows, and implementing care teams.

Safety Net Medical Home Initiative

The goal of the Safety Net Medical Home Initiative (2008-2013) was to develop and demonstrate a replicable and sustainable implementation model to transform primary care safety net practices into patient-centered medical homes with benchmark performance in quality, efficiency, and patient experience. The Initiative was administered by Qualis Health and conducted in partnership with the MacColl Center for Health Care Innovation at the Group Health Research Institute. Five regions were selected for participation (Colorado, Idaho, Massachusetts, Oregon, and Pittsburgh), representing 65 safety net practices across the U.S. The partner sites and Regional Coordinating Centers that participated in the SNMHI were members of a learning community working toward the shared goal of PCMH transformation. The *SNMHI Implementation Guide Series* was informed by their work and knowledge, and that of many organizations that partnered to support their efforts.

The SNMHI was supported by The Commonwealth Fund, a national, private foundation based in New York City that supports independent research on health care issues and makes grants to improve health care practice and policy. The Initiative also received support from the Colorado Health Foundation, Jewish Healthcare Foundation, Northwest Health Foundation, The Boston Foundation, Blue Cross Blue Shield of Massachusetts Foundation, Partners Community Benefit Fund, Blue Cross of Idaho, and the Beth Israel Deaconess Medical Center.

For more information about The Commonwealth Fund, refer to www.cmwf.org.

QUALIS HEALTH

The COMMONWEALTH FUND

GroupHealth

MacColl Center for Health Care Innovation